



# The LAMP



## MAY YOUR SPRING SPARKLE & SHINE !

President - Kary Soto



Hello!

It has been a wonderful year so far. I have loved seeing all the amazing things ESA- Indiana has been accomplishing.

The Future of ESA meeting has been a huge success. I appreciate everyone that has participated and the wonderful ideas that are being discussed. Everyone is invited to participate in these meetings. They will be held the 3rd Tuesday of each month by zoom at 8pm. I will post the link in the Indiana ESA Facebook group and if you want to get a direct email or text just let me know.

The details for state convention will be announced at Spring Conference afterwards they will be posted on the Indiana ESA website for everyone.

I can't wait to see everyone at Spring Conference!

SPARKLE & SHINE !!

Kary Soto  
President

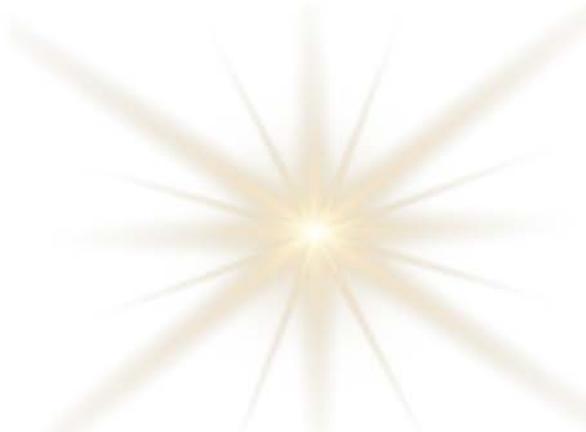
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**First Vice President  
Jennifer Morris**



Hello Indiana ESA members!

Thank you to those members who have expressed interest in serving on 2025/2026 ISC Board. I will share the list of officers at Spring Conference. Also, thank you to those chapters who expressed an interest in hosting a state meeting. The dates and location for Fall and Spring Conference will also be shared at Spring Conference.

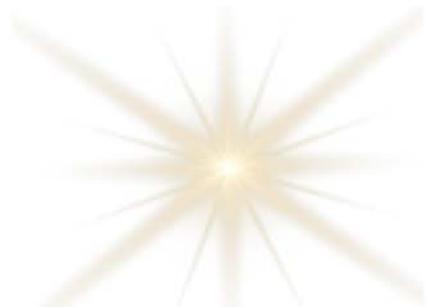
I was happy to attend ESA Leadership Conference last month in Denver. At Spring Conference I will share with you my experience at the conference.

I have included a few links from ESA Headquarters to help with membership recruitments.

[www.facebook.com/groups/ESAMembershipIdeas](https://www.facebook.com/groups/ESAMembershipIdeas)  
[www.epsilonsigmaalpha.org/Recruitment](https://www.epsilonsigmaalpha.org/Recruitment)  
[www.epsilonsigmaalpha.org/Publicity](https://www.epsilonsigmaalpha.org/Publicity)

Feel free to contact me at [jbshmorris@gmail.com](mailto:jbshmorris@gmail.com) or 317-223-9716 with any questions you have.

Continue to Sparkle and Shine in ESA!





## Second Vice President Pam Vogel



Hello everyone! Since our last newsletter, Indiana ESA has been busy with many philanthropic projects. Thank you to everyone for all your hard work.

In November, the state was represented at the Christmas Gift & Hobby Show volunteering at the Riley Children's Foundation booth collecting money and handing out information on their behalf. In December, members volunteered at ACOLF's Rock the Night for Special Needs. It was a wonderful evening filled with fun while supporting ACOLF in the process. Thank you to everyone who attended or volunteered.

December was also the deadline for sending request forms into the state indicating possible future state projects for Indiana ESA. I received one (1) request form asking the state to continue supporting Camp Riley and Anna's Celebration of Life Foundation. I will be presenting this information at the state board meeting in February as well at Spring 2025 conference in March.

I have created a survey to help gauge interest in future capital projects with Camp Riley. I have limited the survey to three questions. The link to the survey can be found on the state's website. If each chapter could discuss the survey and answer the questions as a chapter, I would really appreciate it.

Please, only one survey per chapter. I would like to have all the surveys completed by March 8, 2025. I will report the responses at spring conference on March 15, 2025.

Also on the state website, you can find the philanthropic forms for reporting activities for the year. Please check out the form and let me know if you have any questions or concerns. All forms need to be completed by May 15, 2025.

As always, please feel free to reach out to me if you have any questions, comments, or concerns.

-Pam Vogel

## Junior Past President Cindy Norman



Hello all!! I hope everyone had an amazing holiday and survived the snow and cold of January. It is hard to believe this is a new year already and we are halfway thru our ESA year. I am looking forward to seeing what projects you have done for Hope For Heroes and the Disaster Fund and hoping for a Member of the Year nominee from each chapter. Hoping to see all of you at Spring Conference!!

-Cindy Norman



**Treasurer  
Jennyfer Balkema**



“Simply shine your light on the road ahead,  
and you are helping others see their way out  
of darkness.” - Unknown

ESA Love and mine - Jenn Balkema

**Webmaster  
Courtney Ginder**



It’s almost that time - May is coming up fast and  
all of the forms on the state website are up and  
ready for you! Please let me know if you have any  
problems accessing the Google Forms or  
downloading the forms that need to be mailed.

Please send me all of your upcoming fundraisers  
and events, as well as all of the fun activities your  
chapter takes part in! I love getting to share  
Indiana ESA on our Facebook and Instagram  
pages and spreading the word about all the great  
things we do.

Looking forward to seeing you all at Spring  
Conference!

ESA Love- Courtney Ginder





## Collegiate Coordinator Maddie Kerr



Hello everyone!  
I hope we are all starting to warm up after that cold winter.

Phi Alpha has been doing a lot of chapter management work this year and getting reconnected with Indiana ESA. They are doing the hard work of reviewing their by-laws, a task that is daunting for everyone. As with a lot of student groups there is transition year over year.

They spend a little time each chapter reviewing the proposed by-law changes and vote on a few each meeting. Updating the by-laws will hopefully give current and future Phi Alpha members guidance and understanding of expectations to run a successful chapter.

They hosted their Spring Rush in early February and the theme was "Bee the Change." During rush, several women learned about ESA and our philanthropies, socialized, and got to know each other better. The week was capped off by a Galentine's Day party! They have one new pledge, Sarah!

A little bit about Phi Alpha: they all have different interests and aspirations. They truly embody what ESA is about. They remind me that each of us has something to contribute and our differences make us stronger. When I visited their chapter, they gave presentations about themselves and their majors. It was great to learn a bit more about the passionate women who are the future of ESA. There are Nursing majors, Marketing majors, Public Relations majors, Interior Design majors, Business Administration majors, and Social Work majors. They all joined ESA to serve their community and be in sisterhood with one another. Some events they have planned for the Spring Semester are Walk a Mile for Muncie Mission, a social event at the Muncie Farmers Market, and making cards for local retirement communities.

During my chapter visit, Ella Feliciano, Vice President of Phi Alpha, performed the Senior Ceremony and I presented Haley Spurgeon with her cords. I am so proud of how Haley has stepped up and been a leader of ESA.

As the semester begins to wind down, please send good thoughts and positivity to Phi Alpha members. If you wish to send an encouraging note, please send it before April 15th to:

Epsilon Sigma Alpha - Phi Alpha Chapter  
2001 W University Ave.  
Muncie, IN 47306-1024

Thank you for your continued support of ESA's first collegiate chapter!

- Maddie Kerr



Collegiate Coordinator  
Maddie Kerr





**Easterseals Coordinator  
Brandy Small**



As we move into March of the 24-25 year, please remember the deadline for Easterseals contributions are due no later than 3/31 to count for this years totals.

You can mail them to me or bring the forms and checks to the spring conference on March 15th.

If you have questions or need to discuss other options to get the information turned in, please don't hesitate to reach out

-Brandy Small

**Email Blast Update**

The ISC Board is dedicated to promptly updating all its members but prefers communication through the ISC ESA Lamp Editor email address. Time-sensitive notices are dispatched on the 1st and 15th of every month. For any communications intended for the entire membership, kindly use the ESA Lamp Editor email address [iscsalamp@gmail.com](mailto:iscsalamp@gmail.com).



**Lamp Editor  
Mary Brewer**



Greetings Indiana ESA!

There is a new Lamp Contact Addition form and it can be found on the state website:

More > Forms > Chapter & Council Management Forms: <https://www.indianaesa.org/chapter-council-management-forms/>

My goal is to help others stay connected as we have many communication channels available (see the box below). If anyone has a suggestion to improve communication or needs help submitting information to share with the membership, please reach out to any ISC board member, your chapter president, or your LAMP Editor.

-Mary Brewer

**STAY CONNECTED**

**INDIANA ESA WEBSITE:**  
[HTTP://WWW.INDIANAESA.ORG/](http://www.indianaesa.org/)

**ESA INTERNATIONAL (IC) WEBSITE:**  
[HTTPS://WWW.EPSILONSIGMAALPHA.ORG](https://www.epsilonsigmaalpha.org)

**FACEBOOK:**  
INDIANA EPSILON SIGMA ALPHA



## ESA Foundation Jenni Russ



Greetings! I want to thank all the chapters and individuals who have renewed their Foundation membership. Indiana currently has the following eligible for voting in the 2025 ESAF elections:

11 chapters, 36 individuals, and the Indiana State Council. This reflects an increase of 7 individual members and 1 chapter member. We have one new member and several individuals who were past members but had not renewed their membership for the voting year 2024.

Since May 16, 2024, two gifts totaling \$120 have been made to the Indiana Scholarship Endowment, and two gifts were made to the Pathways Program.

I hope you and your chapter will plan to include the ESA Foundation in your giving between now and May 15. Please note, if you wish for your donation to be posted before the May 15 awards consideration deadline, I recommend you allow for mailing time as headquarters posts the donation on the day they handle it, not on the postmark or the day it is received. Donation forms are available under the Philanthropic form section of the Indiana ESA website or can be made in ESA Member Center.

The scholarship application portal closed on January 31, 2025 and will reopen later this fall for applications for awards in 2026. I am pleased to share that one \$500 scholarship from the Indiana State Council/Judy and Morton Lester Endowment will be awarded this year! It is your donations that make this possible. Thank you!

Please remember the ESAF Pathway Program is a great way to honor chapter sisters, family, friends, or other special people. Neither the donor nor the recipient need to be ESA members or members of the ESA Foundation. For more information visit <https://www.epsilonsigmaalpha.org/about/ESA-Foundation/contribute/Pathway>.

If your chapter plans to use the ESA Foundation Turnaround Fund, please plan ahead by allowing at least 5 weeks for your contribution to be processed and the check for the charity to be returned to you. This is in addition to mailing time, which seems to be extremely slow nationwide.

If you would like more information about how to donate to the ESA Foundation, wish to confirm your voting status for 2025, or have any other questions, please reach out to me. I enjoy hearing from you!





## Alpha Zeta, Fort Wayne

The Alpha Zeta Chapter met for the business meeting in February. After the business they made Valentine "goodie" bags for an Assisted Living/Nursing Home in Fort Wayne. Members donated the items to put in the bags. An assembly line was formed around the table and red and pink bags were filled with hand lotion, emory boards, kleenex, lip gloss, heart shaped note pads, pencils and candy. Also included was a note with a message and a sheet with puzzles and "fun stuff" on both sides. Dawn will deliver the bags before Valentines Day. All members enjoyed getting together and doing something for others.





## Eta Pi, Fishers

Hello, Indiana ESA!

We hope you stayed warm and cozy this winter and are ready for Spring! We have been keeping busy with volunteering at Changing Footprints and Grace Care Center, meeting up for fun socials, and our chapter book club (we read *All Good People Here* by Ashley Flowers in January, *Educated* by Tara Westover in February, and we'll be reading *The Midnight Library* by Matt Haig for March).

We are excited that our annual Murder Mystery Dinner Benefiting Anna's Celebration of Life will be held on March 29, 2025 at the Fishers American Legion Post 470! Titled *Blood on the Silver Screen*, a star-studded movie premiere that was meant to be a night of glitz and glamour ends with an almighty splash when the celebrated director is found floating in the swimming pool. The most famous faces of Hollywood's Golden Age are now suspects in a scandal too shocking even for the silver screen. We would love for you to get all glammed up in your Old Hollywood best and help us solve the mystery! Tickets are \$40 and can be purchased from any Eta Pi member! Your ticket will include a character in the mystery, a pasta dinner buffet, and chances to win prizes and other fun raffles! We would love to see you there!

Looking forward to seeing you all at Spring Conference!

ESA Love, Eta Pi





# Gamma Pi, Indianapolis

We enjoyed a busy late fall and holiday season, celebrating and giving together, and fellowshiping at many social events planned by our amazing chair Rita. We are excited to welcome new pledge Cindy Faulk and we can't wait for you to meet her.

We delivered new clothing and hygiene items to HVAF (Helping Veterans and Families) in Indianapolis. Our partnership with three collection sites in Zionsville, plus members' own donations, help to make this annual Hope for Heroes collection a success. We blessed two families from Little Flower parish with Christmas gifts for their children and shopped for teen gift items for the United Way of Johnson County holiday angel tree program. Our Christmas party was great fun with food, laughter, games, and secret sister gift exchange.

In February, we hosted our annual Reverse Raffle for Camp Riley.

We hope you'll mark your calendars for April 30th and plan to join us for a Purse Bingo benefiting Anna's Celebration of Life. Visit our chapter facebook page - ESA Gamma Pi, Indy or contact a chapter member for more information.





**Proposed By-Laws for Indiana Epsilon Sigma Alpha**

**Due to size and number of pages, the By Laws will also be sent as a standalone file.**

Bylaw Article, Section, Sub-Paragraph	Constitution Article, Section, Sub-Paragraph	Amendment, Addition or Deletion?	Now reads	Change to Read	Comments
Article III Section 2		Addition	<p>The First Vice President:</p> <p>a. Shall be known as the President-Elect and automatically becomes the President. Shall be an aide to the President and assume the duties of the President in any absence. In case of the resignation or death of the President, shall become the President for the unexpired part of the term.</p> <p>b. Shall appoint and be the Chairman of the Chapter Counseling Committee, the Nominating Committee and the Elections Committee. Shall serve on the Budget Committee. Is Membership Chairman, in charge of all membership programs, and</p>	<p>The First Vice President:</p> <p>a. Shall be known as the President-Elect and automatically becomes the President. Shall be an aide to the President and assume the duties of the President in any absence. In case of the resignation or death of the President, shall become the President for the unexpired part of the term.</p> <p>b. Shall appoint and be the Chairman of the Chapter Counseling Committee, the Nominating Committee and the Elections Committee. Shall serve on the Budget Committee. Is Membership Chairman, in charge of all membership programs, and</p>	Adding Collegiate Coordinator duties to the First Vice President duties

			shall assist the President in forming new chapters.	shall assist the President in forming new chapters. c. Shall serve as a liaison between the board, traditional membership and the members of the collegiate chapters; assist collegiate chapters as requested with events and procedures and assist graduating members with placement in a traditional chapter and/or alumni network. Shall seek to start new collegiate chapters at campuses within the state of Indiana.	
	Article IV, Section c	Amendment	The following officers shall be appointed by the president at the Annual State Convention: Corresponding Secretary, State Editor, Collegiate Coordinator, State Chaplain, Senior St. Jude Coordinator, and Easter Seals	The following officers shall be appointed by the president at the Annual State Convention: Corresponding Secretary, State Lamp Editor, State Chaplain, Senior St. Jude Coordinator, and Easter Seals Coordinator.	Removing Collegiate coordinator office.

			Coordinator.		
Article III Section 1		Amendment	The President shall preside at all Council Meetings, appoint a Corresponding Secretary, State Editor of The Lamp, Collegiate Coordinator, Chaplain, Senior St. Jude Coordinator, and Easter Seals Coordinator, all committees except the Nominating, Chapter Counseling, Elections, Philanthropic, Credentials, Constitution and Bylaws, and Awards Committees.	The President shall preside at all Council Meetings, appoint a Corresponding Secretary, State Editor of The Lamp, Chaplain, Senior St. Jude Coordinator, and Easter Seals Coordinator, all committees except the Nominating, Chapter Counseling, Elections, Philanthropic, Credentials, Constitution and Bylaws, and Awards Committees.	Removing Collegiate coordinator office.
Article III, Section 1		Addition		c. Along with the Treasurer, the President must approve any contracts signed on behalf of the Indiana State Council, including contracts for any new philanthropic projects or fundraising events held by the Indiana State Council before the contract is signed.	No one person or chapter should be able to sign a contract on behalf of the state without the President and Treasurer first viewing and approving the contract before it is signed.

<p>Article IV Section 3</p>		<p>Deletion</p>	<p>The Collegiate Coordinator shall serve as a liaison between the board and traditional membership and the members of the collegiate chapters; assist chapters as requested with events and procedures and assist graduating members with placement in a traditional chapter and/or alumni network. Shall seek to start new chapters at campuses within the state of Indiana; working cooperatively with the State Membership Director/1st Vice President.</p>	<p>Deletion</p>	<p>Removing the office of Collegiate Coordinator</p>
<p>Article III Section 7</p>		<p>Addition</p>	<p>The Educational Director shall assist chapters in their Educational Programs. Shall also keep accurate record of chapter educational programs; select the top ten educational</p>	<p>The Educational Director shall assist chapters in their Educational Programs. Shall also keep accurate record of chapter educational programs; select the top ten educational</p>	<p>Adding Awards Chair duties to the educational director position</p>

			<p>programs for the State, which is submitted to the International Council Educational Director annually; also selects the "Distinguished Athenian".</p>	<p>programs for the State, which is submitted to the International Council Educational Director annually; also selects the "Distinguished Athenian". They shall also appoint an Awards committee of a minimum of three to judge all entries for Annual State Convention and take care of all International Council awards and recognition programs the State President designates.</p> <p>Deletion</p>	
Article V Section 5		Deletion	<p>The President shall appoint an Award Chair to serve for a one-year term. The chairman shall appoint a committee of a minimum of three to judge all entries for Annual State Convention and take care of all International Council awards and recognition programs the State</p>		Removing Awards chair position

			President designates.		
Article VIII Section 10		Amendment	The Awards Committee shall consist of a minimum of three (3) members. The committee along with the Awards Chairman shall prejudge the necessary award entries prior to Annual State Convention in order that they are eligible for International Convention. The President	The Awards Committee shall consist of a minimum of three (3) members. The committee along with the Educational Director shall prejudge the necessary award entries prior to Annual State Convention in order that they are eligible for International Convention. The President	Changing Awards Chair to Educational Director
Article V Section 4		Addition	shall appoint an "Association of the Arts" Chairman to serve for a one year term.	shall appoint an "Association of the Arts" Chairman to serve for a one year term. They will also be responsible for keeping an Indiana State Council Scrapbook and present it to the Junior Past President at the Fall Conference following term as President.  Deletion	Adding Scrapbooking duties to Association of the Arts office
Article V Section 3		Deletion	The President shall appoint a Scrapbook Chairman who will be responsible for keeping an Indiana State Council		Removing the office of Scrapbooking chair

			Scrapbook and present it to the Junior Past President at the Leadership Conference following term as President.		
Article III, Section 5		Amendment	The Treasurer shall be bonded by an accredited bonding company (amount and company to be approved by the Executive Board), receive all monies, pay all bills (approved by the Executive Board) and have the books audited two weeks prior to the Annual State Convention. The signature of the President and Treasurer will be placed on file for the checking and savings accounts with the banks handling the Funds for the Indiana State Council of Epsilon Sigma Alpha International, Inc. Shall serve on the Budget Committee. Shall appoint a	The Treasurer shall be bonded by an accredited bonding company (amount and company to be approved by the Executive Board), receive all monies, pay all bills (approved by the Executive Board) and have the books audited two weeks prior to the Annual State Convention. The signature of the President and Treasurer will be placed on file for the checking and savings accounts with the banks handling the Funds for the Indiana State Council of Epsilon Sigma Alpha International, Inc. Shall serve on the Budget Committee. Shall appoint a	No one person or chapter should be able to sign a contract on behalf of the state without the President and Treasurer first viewing and approving the contract before it is signed.

			Credentials Committee and serve as its chairman.	Credentials Committee and serve as its chairman. Along with the President, the Treasurer must approve any contracts signed on behalf of the Indiana State Council, including contracts for any new philanthropic projects or fundraising events held by the Indiana State Council before the contract is signed.	
Article II, Section 1, Sub-Paragraph b.		Deletion	b. No officer shall succeed herself or himself in the same office.	Delete	With membership declining, we may need members to hold the same elected office multiple years in a row.
Article III, Section 4		Amendment	The Recording Secretary shall keep accurate records of and attendance at all State and Executive Board meetings. Shall submit State meeting minutes for approval to the State President and provide copies to the Indiana State Council Executive	The Recording Secretary shall keep accurate records of and attendance at all State and Executive Board meetings. Shall submit State meeting minutes for approval to the State President and provide copies to the Indiana State Council Executive	We are already posting conference & convention minutes to the website. This puts the practice into our bylaws.

			Board. A copy of State meeting minutes shall be sent, via the email blast, to all other Indiana ESA members.	Board. A copy of State meeting minutes shall be sent, via the email blast, to all other Indiana ESA members and a copy of the State meeting minutes shall be posted to the Indiana State Council website.	



2025 Spring Conference



Gamma Pi invites you to celebrate being

# LUCKY IN ESA at Spring Conference

Saturday, March 15, 2025

9 a.m. Registration and Shopping

10 a.m. Meeting

Little Flower School, Indianapolis



*Watch your inbox and  
the Indiana ESA website  
for details coming soon!*





## ACOLF News



### **ACOLF St. Patrick's Day**

ESA is welcome to join ACOLF in walking in the St Patrick's day parade in Indianapolis. Anyone interested should contact Brad Haberman so he knows you will be joining!



## Traditional Chapters

## Collegiate Chapters

Avon, Chi Omicron  
 Avon, Gamma Tau  
 Danville, Zeta Eta  
 Evansville, Delta Sigma  
 Fishers, Eta Pi  
 Fort Wayne., Alpha Zeta  
 Franklin, Delta Kappa  
 Huntington, Beta Chi  
 Indianapolis, Gamma Pi

Lafayette, Lambda Mu  
 North Manchester, Epsilon Sigma  
 Plainfield, Omega Chi  
 Pleasant Township, Alpha Delta  
 Rockville, Beta Phi  
 Seymour, Beta Kappa  
 Seymour, Delta Delta  
 Speedway, Gamma Omicron  
 Terra Haute, Delta Zeta

Ball State University (Muncie), Phi Alpha

## 2024 - 2024 Indiana State Council Board



Office	Name
President	Kary Soto
1st Vice President	Jennifer Morris
2nd Vice President	Pam Vogel
Treasurer	Jennyfer Balkema
Association of the Arts	Monica Haddock
Awards	Sue Bigler
Chaplain	Elaine Chaney
Collegiate Coordinator	Maddie Kerr
Corresponding Secretary	Alley Gary
EasterSeals Coordinator	Brandy Small
Educational	Makayla Greeson
Foundation Chair	Jenni Russ
Jr St Jude Coordinator	Aphrodite Hudson
Jr. Past President	Cindy Norman
Lamp Editor	Mary Brewer
MARC Representative	Susan Waltz
MARC Representative	Vivivan Greeson
Parliamentarian	Laura Campbell
Recording Secretary	Amanda Zahorsky
Scrapbook	Jaclyn Thomas
Sr St Jude Coordinator	Megan Gray
Webmaster	Courtney Ginder



Mary Brewer - Editor  
7732 Connie Drive  
Indianapolis, IN 46237



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### Dates to Remember

- |                  |  |
|------------------|--|
| January 1, 2025  | Nomination Forms for State Offices due                     |
| January 1, 2025  | Forms to host a State Conference due                       |
| January 1, 2025  | Recommendations for State Projects due                     |
| January 1, 2025  | Proposals to Constitution, By-Laws, and Standing Rules due |
| January 1, 2025  | State dues are due   |
| February 1, 2025 | LAMP articles due  |
| February 8, 2025 | ISC Board Meeting  |
| March 15, 2025   | Spring Conference (Indianapolis)                           |
| April 1, 2025    | LAMP articles due  |
| June 20-22, 2025 | State Convention (Indianapolis)                            |
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