

*Epsilon Sigma Alpha*

# THE LAMP



*From the wings of your Indiana State Council President, Carmen Oswalt*

Here we are, getting ready for the Holiday season. In northern Indiana we are still mowing grass, but we have winter coats and gloves on while we are doing it! As everyone knows I love summer, but haven't figured out a way to have it 12 months a year.

As you all enjoy your family at this time of year, I also know you are working hard for our kids at St. Jude, Camp Riley, Anna's Celebration of Life, Easter Seals and all of your local projects. My chapter is also gearing up for Convention planning and preparation.

We have been asked, as well as every other State Council, to consider hosting an IC Convention. At last year's Convention we voted down bidding for the 2021 Convention (actually it was a tie vote with the tie breaking vote made by the President). Next year we will be gathering in Memphis, TN, 2020, will be Grapevine, Texas, and Kentucky bid for 2021. So now we start thinking of 2022 or 2023. We cannot meet as a Board or vote at a convention in time for the deadline of February 1, 2019 to bid for the 2022 Convention. So, we will need to discuss and vote (if approved by the ISC Board) at the 2019 Convention on putting in a bid for the 2023 IC Convention. I hope I have explained this completely and correctly! Bottom line: think about this, discuss at Chapter meetings, and be prepared to vote.

Did you know: Only one to two percent of the entire world population are natural redheads?

Keep flying in ESA!

Inside this edition:

- ◆ News from the ISC Board
- ◆ Chapter news
- ◆ Fall Conference Financial Statement





## 1st VICE PRESIDENT - DeOn Cahill

Happy Holidays Indiana members. I my wish for everyone is to have the best season ever with your family and friends!

I hope many of our chapters had fantastic rush events in October. I look forward to seeing our state membership numbers increase over the next several months with all the new pledges!

I would like to highlight one chapter in this Lamp edition. Thank you to Cindy Clossey, the membership chair for Gamma Pi Indianapolis, for providing me with the following summary and pictures from their Choctober Rush event.



*Gamma Pi held a Choctober themed Rush Party this month. Thank you, ESA - IC for the theme - who doesn't love chocolate, right. We started the evening off with a Chocolate Tasting Party, where we learned about the beginnings of chocolate, then learned about the different types and then sampled 6 variations of dark, milk, and white chocolate. As if this wasn't enough, we then had fountains and fondue pots of milk, dark and white chocolates, where we indulged by dipping all kinds of goodies into that luscious chocolate. We wanted to keep the evening very informal so we mingled amongst the pledges, sharing what ESA is about, what brought us to ESA, and how it has impacted our lives. To end the evening, we invited them to our next meeting which is a model meeting so they can see for themselves what we are about. They were also given information on ESA and all the projects we support to take home and peruse, as we didn't want to overwhelm them. All that could attend, had a good time, and thanks go out to the membership committee for all the hard work that went into the planning of this fun evening.*



Sounds like a fantastic evening, thank you Gamma Pi for your continuing efforts in growing our membership. I would love to hear from other chapters regarding your membership/ Rush events. Feel free to drop me an email so I can highlight your chapter as well.

Don't forget to give me your new members information so I can introduce them to all our members in Car-men's monthly newsletter. What a great way for all our state to get to know your "Angel". I hope to present many angel wings at our Spring Conference.

On another note, your Indiana State Board for the 2019-2020 is filling up! Thank you to all who have turned in your desires to be on the Board! There are still some positions available, so please be sure to let me know your interests **BEFORE the 12-31-18 deadline**. I will be working with all interested members after the first of the year to make the appointments for the General Board. You don't want to miss out as we "Laissez les bons temps rouler"

DeOn Cahill, 1st Vice President & Membership Chairperson





## JR. PAST PRESIDENT - Beth White

Happy Winter Season. We are just a few Days from Christmas, my favorite holiday. I know you are all continuing your great work for all of our wonderful endeavors. I will be brief for this article. Just keep in mind of the deadline for rosters and Member of the Year, May 15. Pay attention to all members of your chapters throughout the year so you can choose a deserving member to participate in Member of the Year Ceremony. Please keep the Disaster fund in you sights when you are fundraising.

I hope you are having some luck locally with veterans in your own communities. At the very minimum when you see a veteran, just extend a smile and a Thank You for Your Service. And don't forget to check out the Soldiers Angels website. There are numerous opportunities to help veterans there.

Keep cutting those coupons. I have mailed one big batch and will be putting another in the mail soon.

Everyone have a blessed Christmas.

Beth White  
Beth White, Jr. Past President

[bnjwhite1@frontier.com](mailto:bnjwhite1@frontier.com) 812-525-2292 or 812-445-3815



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## 2<sup>nd</sup> VICE PRESIDENT - Brenda Campbell

As you read this article, we will have participated in our third Anna's Celebration of Life event. The golf outing, the motorcycle ride, and Rock the Night. I sincerely appreciate all who volunteered for those events and can attest they were all lots of FUN!!

Please track all of your philanthropic work and report the details to your chapter Philanthropic Chair so they can keep me updated. I am happy to receive reports as you can send them.

**Don't forget that Recommendations for the State Project(s) are due to me before January 1, 2019.**

Forms are available on the website (thanks Courtney). And I look forward to seeing some great totals come in.

Let's Fly!

Brenda

Please note my change of address:  
1446 Capstone Drive  
Greenfield, IN 46140



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## ISC Chaplain - Cindy Norman

I hope everyone is enjoying this beautiful fall weather. Please continue to send me your happy and sad news and I will forward it on to IC and MARC. Let me know if someone needs a card to cheer them up or just to let them know we are thinking of them.





## TREASURER - Alley Gary



Please do not forget that your **ISC dues are due to me by January 1**. I will be sending out reminders mid-November/early December to the chapters who still owe. Forms can be found on the IN website. Please reach out to me if you have any questions.

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## EDUCATIONAL DIRECTOR – Judy Flannery

The weather is turning colder and I like nothing better than to have a hot cup of tea and read educational reports (would be nice to see light snow out my window). Email them to me at [redbrow1112@att.net](mailto:redbrow1112@att.net) or mail them to 3324 Babette Court, Indianapolis, 46227. If you have any questions or need help with your educational program, regardless of topic, please let me know.

Did you know that birds figure prominently in Christmas card scenes? I bet many of you have received one greeting card with a cardinal on the front. As cardinals are seen all year round, it is fitting they appear in winter scenes. Robins and chickadees are also popular. Doves as the symbols of peace appear on cards and how our world needs peace.

Of course, there is the Twelve Days of Christmas song that features 6 birds - partridge, turtle doves, French hens, calling birds, geese and swans (now I know you are going run this song through your head!).

As a holiday gift for Carmen, each chapter please consider sending me your “ESA Taught Me to Fly” thoughts/comments.

The very best of holidays to all of you and your families!

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## SCRAPBOOK – Tammy Bryant



Scrapbook Pictures Contest!!!!!!

Hello Indiana ESA-

I will be running a contest until Spring Conference to the next Two chapters emailing or mailing pictures of your chapter events dated and labeled with names of the people and where the event takes place.

Alpha Zeta Fort Wayne has already emailed some fabulous pictures to me. They will be awarded a fabulous prize at Spring Conference in March as well as the next two chapters submitting articles.

Help me make Carmen’s scrapbook “fly” this year.

Thank you for all you do in ESA and everyday.





## COLLEGIATE COORDINATOR - Katelyn Woehnker

Hey all! I want to thank all who could attend conference! As my first conference attended as an officer, it was exciting to share all my news and updates with you!  
Purdue chapter is still in the works, but will be a process I will work through with the girls to make sure it is all set by Fall 2019.

We will begin a small recruitment in January, if we get all necessary paperwork submitted and set by then!

I am working on finding a date to visit a Ball State chapter before the end of the semester.

I am still working on the Traditional sis and will have additional information in December.

**Reminder: ESA Collegiate Support Association still has Pop Sockets on sale for \$10.00**

Have a great Holiday!  
Kate Woehnker

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## WEBMASTER – Courtney Ginder

Hello, Indiana ESA!

Social media is one of the best ways to reach new people and share the organizations that we love, like Indiana ESA! This is why I've created an Indiana Epsilon Sigma Alpha Facebook page to share all of our chapter events, fundraisers, and socials. This is a great way to reach new people who may not have heard of ESA, and could possibly become new members when they see all the great things we do (and how much fun we have doing it!).

You may already know that we have an Indiana ESA Facebook group as well. This group is not going away. Groups and pages serve two different functions on Facebook. A group is for established communities, and a way for people in those communities to share announcements, ask questions, and socialize with other members of the community. Even though our Indiana ESA group is a public group, it is typically only members of the group that see the posts that we have in there or are notified of those posts. People who are not part of the group very rarely see the posts, and it is difficult to share posts out of the group.

A page, on the other hand, is all about outreach and reaching new people. Pages are easily shareable and you only have to like the page for it to appear in your newsfeed. If we want to share our chapter events with people outside of Indiana ESA and reach new potential members, a page is the best way to do that. You can find our page by searching for Indiana Epsilon Sigma Alpha or by going to <http://facebook.com/IndianaEpsilonSigmaAlpha>. The profile picture is an image of the state of Indiana with all the chapter locations marked on it.

Please remember to send me information about your upcoming events so that I can post them on the website and the new Indiana ESA Facebook page, and please like our Indiana ESA page and share it with your friends and family! Feel free to reach out to me as well if you have any questions. Let's make sure everyone we know knows how awesome Indiana ESA is!

ESA Love and Mine,

Courtney Ginder

Webmaster





## ESA FOUNDATION – Jennifer Morris

### ESA Foundation Membership - Each One Reach One

Please contact me if you are interested in becoming a member of the ESA Foundation. The first years dues in the ESA Foundation is \$25 - each year after that dues are \$15. You can also be a Life Active in the ESA Foundation. Life Active Membership is \$500 payable over two consecutive year payments of \$250 or a one-time payment of \$500. For those of you who are already members of the ESA Foundation and have not paid dues yet this year please remember that your ESA Foundation dues are due no later than **March 1<sup>st</sup>**. I am happy to answer any questions you have about membership in the ESA Foundation.

### ESA Foundation Turn Around Fund

Please consider using the ESA Turn Around Fund to make your contributions to the charities that you raise money for. Using the Turn Around Fund helps ESA as an organization. There is a form on the Indiana ESA website under the forms tab under Foundation that needs to be completed. The instructions to use the Turn Around Fund are printed on the form. Please note that the ESAF Turn Around Fund cannot be used if ALSAC/St. Jude materials/supplies were provided for the event.

### ESA Foundation Scholarship Application Process

The ESA Foundation started accepting scholarship applications on October 1. If you know someone who would benefit from a scholarship please encourage them to go to the ESA website, Foundation tab, to view all the scholarships that are available.

### ESA Foundation Career Enhancement Grant

The ESA Foundation also offers the Career Enhancement Grant. Please share the information about the Career Enhancement Grant is provided below with those who you know who would benefit from the grant.

#### **ESA FOUNDATION CAREER ENHANCEMENT GRANT\***

\*Sponsored by the Life Active Members of the ESA Foundation

#### **Purpose:**

The ESA Foundation's Career Enhancement Grant provides funds to assist individuals who are seeking further educational experiences and training to develop their personal career skills and opportunities for career advancement.

**The Career Enhancement Grant is not to be used as a college scholarships, for college tuition, or for the repayment of debt.** For a list of scholarships offered by the ESA Foundation contact: <https://www.epsilonsigmaalpha.org/scholarships-and-grants/scholarships>

**Funding:** The Career Enhancement Grant will be awarded as funds are available. Each grant will be limited to \$2000. Request for amounts of less than \$2000 are also eligible for consideration.

#### **Criteria:**

Eligibility for this grant is based on meeting the following criteria.





## ESA FOUNDATION – Jennifer Morris

### Criteria: (Cont.)

The proposed training, seminars, workshops must be provided by a recognized 501c3 or recognized training institution. (No grant checks will be issued to individuals. They will be written to the sponsoring organizations on the applicant's behalf.)

Job training that is provided by certified training institutions.

Special equipment that is required for job training as specified or recommended by the training provider for completion of training.

Registration for workshops and seminars that are provided by recognized experts in their field or by certified training institutions or organizations.

Materials required for the completion by the certified provider are eligible.

All applicants must live within the United States.

Grant money need to be used within one calendar year of its receipt.

This grant is limited to one grant per applicant per year. Applicants are eligible to apply for the grant again in ensuing years.

Applicants must be able to complete an evaluation form regarding their grant experience within a year of the grant's receipt.

### Ineligibility

Requests for funds to put on or develop job training programs, workshops or seminars for others are NOT eligible for this grant. This grant is designed specifically to support the career enhancement opportunities of the individual applicant.

Requests to offset of the materials or incentives for programs that are given by the applicant are NOT eligible.

The grant does not pay for travel expenses or other personal costs.

To meet the criteria for the CAREER ENHANCEMENT GRANT, applicants must illustrate how their requests meet the criteria listed above. This illustration should clearly be stated in the personal statement that accompanies their application.

### How to apply for the Career Enhancement Grant

Applicants must fill out and return the ESA Foundation Career Enhancement Grant and return it to the ESA Grant Chairman at the <https://www.epsilonsigmaalpha.org/scholarships-and-grants/grants>

Be sure to have included all of the application along with a personal summary outlining how the grant is to be used—this includes providing an itemized list of applicable costs.

All questions regarding this grant should be addressed to the ESA Grant Chairman at the ESA Foundation Website: <https://www.epsilonsigmaalpha.org/scholarships-and-grants/grants>

ESA Foundation Life Active Membership program funds the **Career Enhancement Life Grant**.

The purpose of this Grant is to assist persons who seek further study/training, workshops, seminars, intern training, etc. These events should be for the development of skills and job advancement. Funds are to be used for Registration, study materials and special equipment needed to complete the program.

For more information on how to apply for the Career Enhancement Grant, please reach out to Jennifer Morris.





## PIPs (PAST INDIANA PRESIDENTS) – Susan Roberts

Greetings from the PIPS! We wish all a wonderful fall and joyous holiday season.

Thanks to Alpha Kappa for hosting Fall Conference. It was a great meeting.

The MARC conference was also enjoyed by all. It's really good to see our members from the member MARC states.

Congratulations to the following PIPS serving on the MARC board:

Denise Hagerty-treasurer

Mary Hougland-Co-Communicator

Debbie Frazier-Web Master

We look forward to seeing everyone at Spring Conference. Until then we wish you a Happy New Year

Susan Roberts

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## Financial Report for the 2018 Fall Conference

Held September 22, 2018 Fort Wayne, IN

Total Registrations: 57      Total Ways & Means Tables; 10

Total Funds Received:      \$1,070

Total Expenses:              \$975.13

Net Profit:                      \$94.87

½ Profit to Host Chapter      \$47.44

½ Profit to Indiana Council    \$47.43



- Submitted By Kimberly Sarasien





## ZETA ETA – Danville

Zeta Eta is working on growing our membership and to that end will be having an informational meeting on November 7th at the Danville United Methodist Church.

On January 20, 2019, we will be hosting a “Ladies Afternoon Outing” where we will have vendors with items and services available to enjoy. A few of our vendors who have committed are Mary Kay Consultant, Christopher & Banks, Vintage Plunder Jewelry Consultant, Thirty-One Consultant. Working on a massage therapist to be available for chair massages and local boutiques to participate. There will be a purse raffle held and the drawing will be at the conclusion of the event. The event is a fundraiser for Camp Riley Camperships. We will share more details as we get closer to January.

Two of our members attended the MARC conference this year in Sioux Falls, SD and report that it was an awesome conference. Zeta Eta’s own Jaycee Peak won the Indiana drawing for the \$125 registration fee. Jaycee also won the MARC reverse 50/50 raffle for \$415. Jaycee used the money to “pay it forward” and purchased an ESA Lifetime Foundation membership for Melissa Peak.

Zeta Eta will also participate in a Holiday Craft Show on Saturday, November 10<sup>th</sup> at the Bloomington High School. We will have available for sale all homemade items (Bath Salts, Vanilla Extract, all occasional and Christmas cards, Desk Calendar sets, wood shadow frames, and tote bags). All proceeds will be distributed among our chapter’s philanthropic projects.

Zeta Eta wishes everyone a very Merry Christmas and prosperous New Year in 2019!

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## BETA CHI – Huntington

Greetings, We held a bazaar at St. Elizabeths Church, Aboite Center Rd. Ft. Wayne on December 1, 2018.

We are taking the challenge for Easter Seals by taking on disability together.

Carmen Oswalt and Wendy Yaste held a beautiful Falltober rush social.

Even though it is still early, we hope all of you are saving you pennies for Carmen’s convention in June 2019. We are beginning to prepare for this event.

We had five members attend Fall Conference The Profits from the Fall Conferene fundraiser went to ESA Foundation and Disaster Fund.

Hoping everyone stays Happy and Healthy!

We wish all of you Happy Holidays!





## DELTA KAPPA—Franklin

### Falling Back into ESA with Delta Kappa



It's Official! Delta Kappa, Franklin is up and running as an active chapter again. With 5 official members and 1 new pledge, Delta Kappa had their first meeting in August and are ecstatic to start this ESA year off strong. Our chapter president, Pam Kidwell, set the tone of our meeting with her theme for the year, "Welcome Back to ESA!" Bringing ESA back to Franklin is exciting, and we are looking forward to showing others in our county exactly what ESA is all about. Our first philanthropic project was collecting canned goods for the local Senior Center, and we are planning some projects for the spring, as well. Our goal right now is to work on building relationships with our sisters and finding ways to serve in our local community. Delta Kappa is here for the long run and ready to spread our wings and fly with ESA.

ESA Blessings,

~ Emma Ray ~



## GAMMA PI - Indianapolis



We've been having an amazing and busy fall season! Gamma Pi has been busy with many Philanthropic projects and social events for our chapter. We kicked off the start of the year attending a Dine to Donate at Portillo's to support Relay for Life. 14 of our members attended fall conference where our ladies rocked our new Gamma Pi shirts! Our social chairs hosted their first social of the year in September, a game night! We also volunteered at the

St. Jude Walk/Run.

In October we hosted our chocolate themed Rush event, Gamma Pi Choctoberfest. What a great evening meeting our new pledges, learning about chocolate, and eating it of course! Our ladies took some time to test their sewing skills. Making "Santa Hugs" for children. We headed to the Indiana Grand Casino for our second social of the year. We wrapped up October by hosting our annual bowling event to support Camp Riley. One of our favorite events of the year! We hope everyone enjoys the upcoming holidays with your family, friends, and ESA sisters.





## ETA PI—Fishers

\$12,423!!! That's how much our American Legion Post #470 & ESA Eta Pi Fishers Charity Golf Outing benefitting St. Jude Children's Research Hospital raised this year! There are always a lot of blood, sweat and tears to pull it off but it is always worth it! We couldn't do it without our partnership with the American Legion in Fishers. They help us with some sponsorships and golf teams but most of all, their connection with the food and beer vendors really makes a difference! We get all of it donated and have our dinner back at the Legion, which helps us raise more money for St. Jude.

Eta Pi and the American Legion are already working on our next outing, already set for September 19<sup>th</sup>, 2019. There will be a pre-golf fundraiser at the American Legion in January and you are welcome to join us! It's a Fish/Chicken Fry at the American Legion Fishers Post #470 on January 12<sup>th</sup>, 2019. The cost is only 10 bucks and includes a side and dessert. For more information, contact an Eta Pi sister or visit our Facebook page: <https://www.facebook.com/ESAEtaPi/>

We've also kicked off our Hope for Heroes campaign, benefitting veterans receiving services from Hoosier Veterans Assistance Foundation (HVAF). Eta Pi has collection sites at Akard True-Value Hardware in Zionsville, Hussey-Mayfield Public Library in Zionsville, Decatur Branch- Indianapolis Public Library in Indianapolis and the American Legion Post #470 in Fishers. We are requesting new winter warm wear and personal care items. If you would like to donate, go to our Facebook for more information: <https://www.facebook.com/ESAEtaPi/>

Every month, Eta Pi makes a dinner for the Ronald McDonald House in Indy. We really enjoy donating our time, making a warm, loving meal for families who have a sick child at Riley Children's Hospital.

Eta Pi has a fun December Business/Social meeting scheduled, where we will bring gifts for foster children, play a Christmas ornament exchange game and even an ugly Christmas outfit contest! Stay tuned for fun pictures!

Have a wonderful Holiday Season and we'll see you in 2019.

### St. Jude Outing:



Co-Chairmen: Wendy Hahn and Jim O'Meara (American Legion)

### Hope for Heroes:



Wendy Hahn and Sue Bigler

### Ronald McDonald House:



Kelly Hansan, Morgan Nichols, Jenna Martin, Kary Lasley, Cyndee Murphy, Jan Lantz, Sue Bigler, and Monica Haddock.





## DELTA DELTA – Seymour, Jan Engle

Merry Christmas from Delta Delta. The chapter has been very busy with philanthropic projects. We had another successful Oktoberfest, sold Texas Roadhouse gift cards, sold socks and hosted an all you can eat pancake breakfast with Santa, Frosty and Rudolph.

A Jewel Pin ceremony was held for Parker Waltz. Delta Delta hosted a rush in late October and unfortunately, we did not have any guests but did a great time with a scavenger hunt downtown.

We are excited about the new year and hope your New Year is going to be awesome.

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## BETA PHI – Rockville

Hello from Rockville! It's hard to believe Fall is here and we will be getting ready for the holidays. It was great to see all at Fall Conference, Alpha Zeta did a great job hosting. By the time you read this our first Thanksgiving Luncheon will be over and we will be planning events for spring. We hope everyone has a wonderful Thanksgiving and a very Merry Christmas!!



- ◆ DECEMBER 31st:
  - ◇ State & IC Dues Deadline (to be eligible for awards and nominations)
  - ◇ Postmark deadline for Bylaw changes
  - ◇ nominations for officers
  - ◇ bids for conference and state convention
- ◆ FEBRUARY 1st: Spring Newsletter Article Due Date
- ◆ FEBRUARY 15th: Winter Board Meeting
- ◆ MARCH 16th: Spring Conference

“Spread your wings and soar through the new year, as President Carmen leads our flock to new heights.”

