



INDIANA STATE COUNCIL NEWSLETTER
VOLUME 74, ISSUE 1 SEPTEMBER 2021

The Lamp

EPSILON SIGMA ALPHA

WELCOME TO A NEW ESA YEAR. THE YEAR OF ESA SPORTS!

[Facts about the President: AKA Quarterback](#)

Chapter: Eta Pi, Fishers: serving as the Awards chairwoman

Years of Service: 9

Favorite Sport: Football

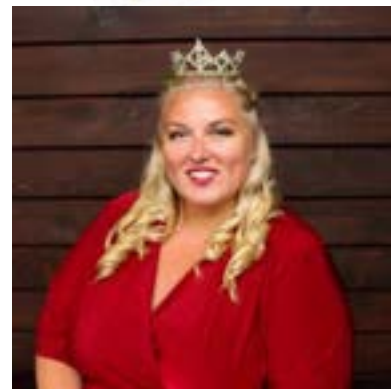
We had a fun kickoff party in June, thanks to Beta Kappa for hosting us in Bloomington. While the whole board was awarded a medal by Leigh Gary, Denise Hagerty and Tammy Bryant really kept us in line and threw some flags when needed. Huge shoutout to my chapter, Eta Pi and Megan Gray for a charged stage and lively after party. Batter Up All-stars!

I hope to see everyone in Ft. Wayne on October 2nd for Fall Conference. The theme is baseball, so come dressed in your best baseball attire. Plan to assist, hit, catch, and run with some fun educational, social, and physical activities (for all ages and activity levels)

Please watch our Facebook page and ESA Blasts for sneak peak info. Let's knock it out of the park with a big turn out of members. Everyone also needs to start thinking about attending the MARC Conference on October 8-9 in Wichita, KS. We will be listening, learning, and laughing to "A Melody of Leadership Lyrics and Laughter". Please know I am always here to serve YOU! Feel free to reach out with anything you may need from me.

Go Team ESA Sports!

Alley Gary
President



SEPTEMBER TOPICS:

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First Vice President – Jennifer Skinner

Hello! I'm Jennifer from Eta Pi, Fishers. I joined Phi Alpha, Ball State in 2003. I live in Carmel and work in Human Resources. I grew up in the small town of Twelve Mile – we are known for the oldest lawn mower races and our living Christmas pageant. I love everything about ESA!



I am excited to be 1st VP this year! I've already launched Indiana ESA Rocks on Facebook to help with membership and people are finding rocks out in the community! Let's get them to join ESA!

If you haven't already, join the Indiana ESA Rocks Facebook group. Plan socials with your chapter to paint rocks, paint rocks on your own or with family; just paint lots of rocks and get them out into the community so others can find them! OR Plan socials with your chapter to paint rocks. You can also paint on your own or with your family. Just paint lots of rocks and get them out into the community where others can find them. You'll find ideas and the backside language within the Facebook group. We'll need to keep replenishing rocks all year long. When people find our rocks (especially near your chapter location), please feel



free to message them and share about your chapter. Share your events on the Indiana ESA Rocks page. This will be a great tool to spread the word and attract new members!!

www.facebook.com/groups/indianaesarocks

It's also time to start thinking about how you'd like to be involved during the 2022-2023 year! You can start looking at the forms on our state website. Please reach out with any questions. There will be more information on this coming soon!

Reminders: Due January 1, 2022

- Conference and Convention Bids
- Interest Forms for State Offices, Appointments, and Committees
- Formal Nominations for State Office

- Jennifer Skinner

STAY CONNECTED

INDIANA ESA WEBSITE:
[HTTP://WWW.INDIANAESA.ORG/](http://www.indianaesa.org/)

ESA INTERNATIONAL (IC) WEBSITE:
[HTTPS://WWW.EPSILONSIGMAALPHA.ORG](https://www.epsilonsigmaalpha.org)

FACEBOOK:
INDIANA EPSILON SIGMA ALPHA



Second Vice President - Cindy Norman

Hello everyone! It's hard to believe it is time for the start of another E.S.A. year. I am Cindy Norman, your 2nd Vice President. This year is my 30th year as a member of Beta Phi, Rockville. I do not watch any sports on TV but every year my husband and I try to go to a Chicago Cubs game. I did go to all of my kids' sporting events when they were in school and now just waiting for grandkids to start playing.

We did get to have a Camp Riley Day in July and those of us that went had a great day. I am working with Amber on maybe scheduling a work day at the camp this fall. The ACOL Golf Outing is coming up and several of us are volunteering at that.



I am looking forward to seeing everyone at Fall Conference. Please remember to keep track of all your hours, miles and donations of goods and money!

- Love, Cindy



Junior Past President - Brenda Campbell

Hello again! Wow! What a busy summer. Hope you all are having fun getting back out there and enjoying people and places missed in the last year, but still staying safe.

I am excited for Alley's year of ESA Sports (basketball is my favorite), and to see all of the ways we can continue to grow and evolve ESA in Indiana.

I am looking forward to not only learning more about but supporting and encouraging support for Hope for Heroes and the Disaster Fund. To be honest, in my 7 years in ESA I have not done a lot previously for Hope for Heroes. I know a few Chapters currently have at least one Hope for Heroes project. If you are a Chapter who does not, I encourage you to try something new. It doesn't have to be big or elaborate. I will share ideas to help. Everything we can do makes a difference.

I also plan to do a fundraiser for the Disaster Fund. As soon as I get the "okie dokie" from the Philanthropic Chair, Cindy, I will pass the information along.

I look forward to seeing everyone at Fall Conference!

"Do you know what my favorite part of the game is? The opportunity to play."

-Mike Singletary,
Chicago Bears
1981-1992

Good Friends,
Good Works,
Good Times
- Brenda





Recording Secretary - Jennifer Morris

Hello! Welcome to the 2021-2022 ESA Sports year. I am excited to serve this year as the Recording Secretary. I am a member of the Gamma Pi, Indianapolis

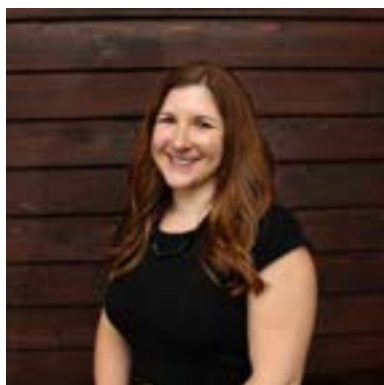


chapter. I am a 20-year member of ESA. I am a big NFL football fan, especially the Indianapolis Colts and the Dallas Cowboys (by marriage). I had hoped to make chapter visitations last year but that proved to be a challenge. I hope this year to be able to come and visit each chapter. I look forward to seeing and being with you all at Fall Conference in Ft. Wayne. I am sure the Alpha Zeta Chapter members will have a great day planned for us in October.

-Jennifer Morris

Treasurer- Wendy Hahn

Hi, everyone! I'm Wendy Hahn, and I have been in ESA for 14 years. I started at Phi Alpha at Ball State and have been an Eta Pi, Fishers chapter member since the chapter was



formed. My favorite sport to play is volleyball and to watch is football (go Colts!).

Reminder that state and IC dues must be postmarked by December 31, 2020. Forms may be found on the state website.

-Wendy Hahn

Educational Director- Monica Haddock



Hello! I hope everyone has had a wonderful summer and is ready to get started with another ESA year. I am Monica Haddock, Educational Director for the 2021-2022 ESA year. I started out at Phi Alpha, Ball State in 2005 where I was a member for 3 years. After a little time at home I came back to ESA with the Gamma Rho, Carmel chapter and now Eta Pi, Fishers to round out about 10 years of ESA. I look forward to hearing about everyone's educational themes and seeing those educational forms rolling in each month. I'm not a big sports person and couldn't say that I follow any sport too heavily. I played multiple sports when I was a kid but none of them really stuck. You could find me watching some cheerleading, gymnastics or dance from time to time though.

- Monica Haddock





ESA for St. Jude Senior Coordinator Stephanie Moore

Hi friends! My name is Stephanie Moore and I am in the Alpha Delta Chapter in Pleasant Township. I have been in ESA for 5 years and I enjoy almost all sports, but, FOOTBALL, is by far, my favorite! ROLL TIDE!

I am looking forward to another year of supporting St. Jude with you! If you have any events, live or virtual, please let us know so that I and/or Sue can try to attend or participate! And don't forget to fill out your forms!

The upcoming event is the St. Jude Walk/Run in September. The Indianapolis event is on Saturday, September 25, 2021 and it will be virtual.



Visit www.stjude.org/walkindianapolis to register and get more information. I have created a team titled ESA - Indiana so make sure you join our team! You can register to walk/run, volunteer and create your fundraising page!

The Evansville event will be on September 18, 2021. You can register for that run at www.stjude.org/walkevansville.

Follow St. Jude Children's Research Hospital-Indiana on Facebook for the most up to date information.

Lastly, please make sure to visit www.stjude.org/volunteer to register as a volunteer! Go Team ESA!

- Stephanie Moore

ESA for St. Jude Junior Coordinator Sue Bigler

Chapter:

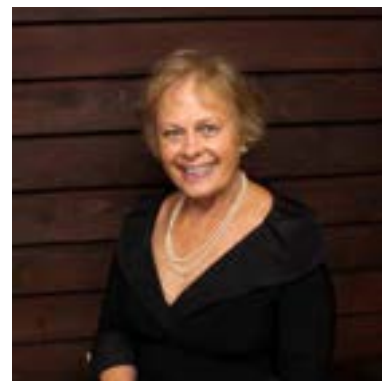
Eta Pi, Fishers:
member of the first
pledge class!

Years of Service:

9 years

Favorite Sport:

Zumba/Dance
Cardio



Sue is looking forward to assisting Stephanie in supporting St. Jude!



Webmaster- Courtney Ginder

I am looking forward to another great year as your Webmaster! I am part of the Eta Pi, Fishers chapter and have been a member of ESA for 7 years! My favorite sport is football, although every 4 years I turn into a huge gymnastics fan.

Please submit your events to me so that I can get them on the website and promote them on the Indiana ESA Facebook page! We want to be able to leverage our social media and web presence to get the word out about our events and attract attendees and hopefully even new members! If

you have any ideas for social media posts, please let me know! I'm always looking for new content ideas.



ESA Love,
Courtney Ginder



Parliamentarian - Morgan Nichols



Hello my fellow ESA members! My name is Morgan Nichols and I am from Eta Pi, Fishers. A little about me: I live in South Indianapolis near Greenwood with my two cats. I

work at the Franciscan Health Indianapolis location as a genetic counselor in the Cancer Center Genetics Department and the Maternal Fetal Medicine and Genetics Department. My favorite charity is Nicaragua Resource Network (NRN), which is a Nonprofit dedicated to helping create sustainable life change and long-term impact in Nicaragua. I have been going on regular mission trips to Nicaragua for about 7 years now and I sponsor two students whom I adore.

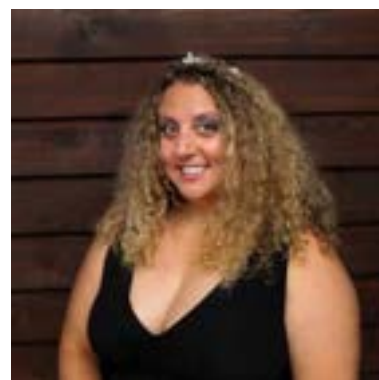
I am not a huge sports fan, but I will say that if reading was a sport, I would be the Olympic champion! :) I also enjoy visiting various local wineries, going to the theatre (I am a VIP member at Beef and Boards Dinner Theatre), and playing board games/escape room games. I joined ESA in Spring 2017 and I am very excited to be Parliamentarian this year. I hope that as your chapter begins to meet this year that everyone would start reviewing the Constitution, Bylaws, and Standing Rules to determine if there are any changes you would like to submit. The updated Constitution, Bylaws, and Standing Rules document is on our state website - along with the form to propose amendments, additions, or deletions. These forms are due January 1, 2022! If you have questions or concerns please do not hesitate to contact me. Go Team ESA!!

- Morgan Nichols

Corresponding Secretary - Megan Gray

"Hello everyone! I am super excited to be serving on the board for a 3rd year in a row and I am honored to be chosen as Alley's right-hand lady. I joined ESA as a collegiate member in 2002 at Ball State university. Being a Phi Alpha alumni is something I hold near and dear to my heart. My heart was meant to serve, and ESA has helped me do that in so many ways.

One of my very favorite events is the St. Jude Memphis Marathon that takes place every December in Memphis, TN.



I have attended the race for 14 years. If you have not experienced this event, I highly encourage you to give it a go. When I am not giving my time to ESA I enjoy spending time with my family. My husband and our 2 girls love to travel, renovate houses, play soccer, and on occasion enjoy full day Harry Potter marathons. I look forward to a great year with all of you!

-Megan Gray

Collegiate Coordinator - Kary Lasley



Chapter:
Eta Pi, Fishers:

Years of Service:
12 years

Favorite Sport:
Basketball



Chaplain - Jan Lantz



The five "S's of sports training are: stamina, speed, strength, skill and spirit- Ken Doherty

In the spirit of ESA and what we stand for I'm honored to serve as the Chaplain

for the 2021-2022 Year of ESA Sports.

I'm Jan Lantz, 2021-2022 is going to be my fifth year as an ESA member. I started out with ESA in Eta Pi, Fishers, then moving on to be part of the launch for Chi Omicron, Avon, in 2020.

Sports have been a huge part of my marriage of 38 years to a Coach. I have been a COLTS Season Ticket holder for 34 years. Our 2 children participated in many sports programs.

My husband and I now share our first grandchild, 1 yr old "Hudson" who we hope will be participating in sports in the future.

All Chaplain forms should be updated by the time this is in print and located on the Indiana ESA website for your use. Please keep me informed of all Happy and Sad news to forward on and share "with our Chapter Presidents throughout the year. My heart loves to celebrate the good and support through kind words or thoughts those who may need a reminder someone is thinking of them.

I look forward to hearing from all of you throughout the State of Indiana and seeing you at future conferences and State Conventions 2021-2022. GO ESA GO!

- Jan Lantz

Lamp Editor- Elaine Weller

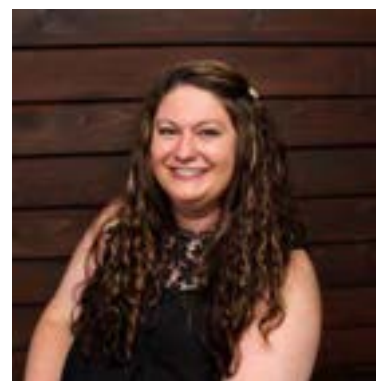
Hello friends. I am excited to be serving on the board. I am a member of Gamma Pi.

I have been in ESA for 5 years, and I enjoy all sports that I can watch in person. My favorite is watching my nieces play soccer. I am looking forward to getting to know you through the articles and photos submitted. Please remember any ESA member can submit something for the lamp.

-Elaine Weller



Scrapbook Chair Serena Williams



Hi friends! My name is Serena Williams and my chapter is Chi Omicron. I have been part of ESA for less than two years, joining when our chapter chartered, which was shortly before the pandemic made life complicated. My favorite sport without a doubt is football. Big Colts fans and Notre Dame football fans in this house! Im a big fantasy football fan too. Looking forward to learning and growing with everyone this year!

- Serena Williams

MARC Representatives

Jaycee Peak



Greetings from your MARC Reps Laura and Jaycee.

Laura is a member of Eta Pi Chapter in Fishers, IN. She has been a member in ESA for three years and her favorite sport is TENNIS!

Laura Campbell



Jaycee is a member of Zeta Eta Chapter in Danville, IN. She has been a member in ESA for 52 years. Her favorite sport is BASEBALL!

We hope you are enjoying your summer. After returning from IC Convention in Louisville, KY, we would like to share the following information with you regarding the upcoming MARC Conference in Wichita, KS. All of the included information will be posted to the Indiana ESA website.

The 36th Midwest Area Regional Council (MARC) Conference will be October 8-9, 2021 in Wichita, KS at the Hyatt Regency Wichita, KS. Deadline for registering for the MARC Conference is September 10, 2021. Registration for Conference and Leadership \$150.00. Registration for the Conference ONLY \$125.00. The deadline for the reservations at the Hyatt Regency Wichita is September 16, 2021. Rate is \$109 per night, plus tax. Complimentary self-parking and Wi-Fi available.

Thursday, October 7, 2021 the following Tours are available:

- Botanica, The Wichita Gardens - \$10 Admission, Hours: 9 am - 5 pm.
- Mid-America All-Indian Center - \$7 Admission, \$5 for seniors 55+, Hours: 10 am - 4 pm.
- The Historical Museum - \$5 Admission, Hours: 11 am - 4 pm EXCEPT on Saturday & Sunday Hours 1 pm - 5 pm.
- Keeper of the Plains - FREE Admission.
- Fountains at the Waterwalk - FREE Admission, 4 shows - noon, 8 pm, 9 pm, 10 pm (Thursday - Sunday).
- Veterans Memorial Park - FREE Admission.

ALL OF THE ABOVE OPTIONS ARE SELF-GUIDED TOURS

Ways & Means - The Mystery Box was a huge success, so it's making an encore! It will be packed with surprises and goodies from the MARC Board. There will also be a 50/50 draw for ANOTHER chance to win at the MARC Conference. Chances will be \$10 each, must be postmarked by October 2, 2021. The drawing will be held on October 9, 2021.

There will be a 2021 Program Book and an opportunity to purchase either a full-page ad - \$50 OR one-half page ad - \$25. Electronic copies of the ad MUST ALSO be sent to: jswinters@bluevalley.net.

Proposed MARC Budget will be discussed at the MARC Conference. Come prepared to ask your questions prior to the vote for approval is held.

There are Proposed Bylaw Changes and Standing Rule Changes in the attachments sent with this newsletter.

continued on pg. 9



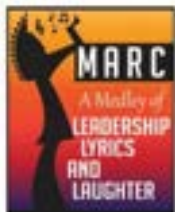
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Indiana is proud to have 2 Indiana sisters as candidates on the MARC Ballot. We wish both Brenda and Mary the very best in their MARC endeavors.

- Recording Secretary – Mary Abplanalp
- Parliamentarian – Brenda Campbell

MARC Slate of Candidates:

| Office | Candidate | State Council |
|---------------------|-------------------------------------|---------------|
| President | Kim Poling | IL |
| Vice President | Bonnie Templeton | KS |
| Recording Secretary | Mary Abplanalp Jill Shull | IN IL |
| Treasurer | Jill Richards Amanda Rowland | KS OH |
| Parliamentarian | Brenda Campbell Sandy Hongerholt | IN MN |
| Communicator | Brittany Rosenmund | MI |



If you have any questions regarding the included forms or regarding MARC Conference in Wichita, KS, please contact Laura and I accordingly. Additional MARC forms were provided with the distribution of this newsletter.

- Registration form
- Ad Form
- Tour Form
- Proposed Budget
- Proposed Bylaw Changes
- Standing Rule Changes

Looking forward to seeing you soon and at the MARC Conference in Wichita, KS!

-Jaycee and Laura

Association of the Arts Chair Roseann Gary



Hello! I'm Roseann Gary, yes, Alley's grandmom, and I will be encouraging all of you talented sisters and brothers out there, to seriously consider your involvement at State Convention in 2022.

I am a member of ETA PI, Fishers, joining in 2018. I retired in 1999 and lived in Florida for many years. When I returned to Indianapolis, I was wanting to "give back" and use my spare time doing good, sorta pay it forward! I was encouraged to join ESA by none other than Alley, and her mom, Leigh. We are one of several three generation ESA families.

My chapter committee commitments to ESA have been Ways and Means Chair, and now Association of the Arts. I enjoy quilting, and over three years my quilting entries won two first places and one third place.

I'm excited to be involved with the Association of the Arts for 2021-2022. Please reach out if you have any questions, or suggestions..

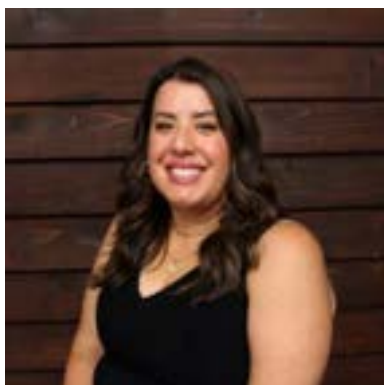
- Roseann Gary





ESA Foundations Chair - Mary Brewer

Greetings to Indiana ESA! A little about me - my name is Mary Brewer and this will be my 10th year as a member of the Gamma Pi Chapter in Indianapolis. My favorite sports are football and baseball - which I enjoy attending the live games more than watching the televised / online events. I am honored to serve as your ESA Foundation Chair for the ISC 2021-2022 year. This is my first stint on the ISC Board and I am looking forward to an exciting year.



No news or updates from the ESA Foundation to share yet, but expect this to change by the next LAMP run after I've settled into the role. Please send any ESA Foundation

questions my way - your questions help me learn and serve you better. Have a great chapter year and I am looking forward to seeing everyone at the Fall Conference in October!

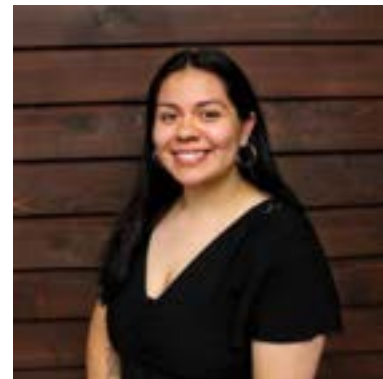
-Mary Brewer

ESA FOUNDATION: MISSION

THE ESA FOUNDATION IS DEDICATED TO THE PROMOTION OF CONTINUING EDUCATION AND TO ALTRUISTIC ACTIVITIES THAT MAKE A POSITIVE DIFFERENCE IN THE WORLD COMMUNITY. VOLUNTARY CONTRIBUTIONS OF TIME AND MONEY FROM ESA MEMBERS, ESA FOUNDATION MEMBERS, AND FRIENDS OF THE FOUNDATION ARE THE ESA FOUNDATION'S SOLE SOURCES OF SUPPORT. AS A NONPROFIT, TAX EXEMPT CORPORATION, THE ESA FOUNDATION SUPPORTS THE SERVICE AND LEADERSHIP PROGRAMS AND THE PHILANTHROPIC PROJECTS OF EPSILON SIGMA ALPHA INTERNATIONAL.

Easterseals Coordinator- Lyndsey Beal

Hello everyone, I am very excited to be the Easterseals coordinator this year. It is an honor to be a part of this wonderful team. My name is Lyndsey and I recently graduated from Ball

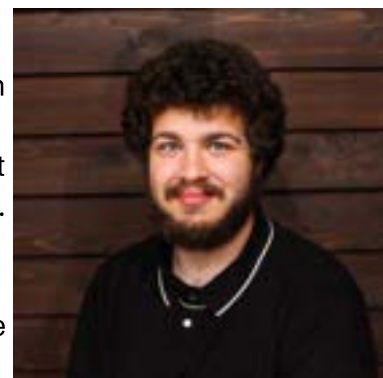


State University with a degree in criminal justice. I was a part of the Phi Alpha chapter at Ball State and was the social media and campus relations chair. I have been in ESA going on three years. My favorite sport is swimming and I am so eager to see what this year has in store for all of us, especially with Easterseals!

- Lyndsey Beal

Awards Chair- Robert Beal

I hope everyone is doing well! My name is Robert Beal, Jr. and I am the new Awards Chair for the state board! I have been in ESA going on three years. Currently I am finishing my Bachelor's degree in Business Administration at Ball State University. My favorite sports are football and basketball. I was the Educational chair back at Ball State's Phi Alpha and I cannot wait to see what this year brings us for ESA Indiana and the rest of the chapters all around!



-Robert Beal



Alpha Delta, Pleasant Township

Hello Indiana ESA. Congratulations to the 2021-2022 ISC Officers and Appointments, Go Team ESA! Alpha Delta had fun getting ready for state convention with a spa night and dinner at Lindo Mexico. We celebrated our accomplishments with our traditional awards dinner at Olive Garden. In addition to the awards we received at Convention, chapter recognitions were presented. Three of our members, Cindy Clossey, Libby Maxey and Karen Maxey all received the coveted "Donnie" Award. Congratulations to Alpha Delta's Member of the Year, Cindy Clossey, who earned the honor for the second year in a row. Alpha Delta was proud to present the Third-Degree Pallas Athene Certificate to Libby Maxey acknowledging her contributions and hard work.

Alpha Delta is looking forward to the St Jude Run / Walk. We continue to work on projects for the Johnson County Humane Society. We also helped Good News Ministries with newsletter mailings and will be bagging crayons for Bearing Precious Seed. We had a watch party at Karen's house for the ESA Foundation Annual Meeting that was via zoom this year. We're looking forward to a goat yoga session, a road trip to the P&D Flower Farm, and a trip to the Olde Thyme Mercantile in Kokomo.

We are excited to welcome our newest pledge, Terry Fowler. We wish Stephanie Moore, recently installed as our Chapter President, a successful year with a theme of "Better Together".

Delta Kappa, Franklin

Hello ESA sisters, from Delta Kappa Franklin. We have had a great start our ESA year and we hope all of you have as well. In June, we installed our officers, including our new president, Vivian Greeson. This year, Vivian has challenged us with

her theme to "Reach Out and Touch the ESA Stars." We are looking forward to answering her call by continuing our work with a local organization that we have been supporting for the last two years called KIC-IT. KIC-IT is a non-profit that focuses on supporting homeless youth in our community. Our philanthropic project for KIC-IT this year is Blessings Bags. We will be collecting items to support those children struggling with homelessness, and to help make their daily lives a little easier. Our goal is to make 25 bags by Christmas. We would love your support with this! If you would like to help, please bring any items with you to Fall Conference. Here are a few of the items that we are collecting: pads + tampons, washcloth or face/body wipes, hand sanitizer, bottled water, dental floss, comb/brush, plastic spoon/fork, shampoo, soap, deodorant, sunscreen, hat and gloves, and hand/foot warmers. Thank you so much in advance for your support, and we can't wait to see you all face-to-face at the Fall Conference.

ESA Love,

~ Emma Ray ~



Vivian Greeson, Makayla Greeson, Emma Ray and Pam Kidwell (Tammy Bryant not pictured) celebrating our ESA kick-off with a picnic at the park at our July Meeting.



Alpha Zeta, Ft. Wayne

We are looking forward to a great year, hopefully filled with more in-person events! We had a busy summer each on our own but will re-group in August and begin pulling together the final details for Fall Conference on October 2nd. We have done a few things philanthropically on the local level - cooking for the Mad Anthony's Hope Houses, Erin's House for Grieving children, Red Cross and NeighborLink. We are looking forward to supporting St. Jude especially with the upcoming walk in Indianapolis, Memphis Marathon Weekend, and Radio-athons in 2022!



Kim and Gloria attended IC Convention in Louisville; it was Kim's first time! She had a great time!

See everyone in Roanoke on October 2nd. Roanoke has a cute little

downtown area and Two EE's winery is just down the road - leave some time to explore!

Past Indiana Presidents (PIPS)

Hello from the Past Indiana Presidents-- We would like to congratulate Brenda and her Board for a successful year of Faith. Hope, Love. We look forward to a year ESA Sports with Alley and her Board.

The PIPS elected officers in May and the following will be serving two-year terms—Susan Waltz-Chairman, Linda Carol Wilson, -Vice Chairman, Jan Rahn -Treasurer and Rozanne Robertson, -Secretary.

We were saddened to lose a very gracious PIP-Sherryl Lamb in June. She will be sorely missed.

May all our Chapters have a very successful year. If the PIPS can be of any assistance to you—just give a yell. ESA Friendship and Love to All

Chi Omicron - Avon

Hello Indiana members. Many of our newer members were able to attend a traditional State Convention for the very first time and we all had an amazing time. While our chapter did not start at the best of times we have sure been able to roll with the punches and we proved just that with the awards we were able to bring home from Convention. Everyone filled their cup and we are ready to make this year even better than last. We are starting the groundwork for what we hope will be an amazing money-making event to host for years to come. In the meantime, we will focus our efforts on hosting an amazing spring conference. We hope to repeat our successful Hope for Heroes Winter Warm-Up project this winter. We look forward to sporting our way through the next year will all of you!



Members of Chi Omicron at the 2021 State Convention Awards luncheon dressed as rock n roll throughout the decades theme.

Eta Pi, Fishers

It may be summer, but there is no slowing down Eta Pi Fishers! This active group loves to volunteer and be of service. In June, Eta Pi volunteered at an event called "Climb Out of the Darkness", helping raise awareness for perinatal mood and anxiety disorders, such as postpartum depression and postpartum anxiety. Our own Courtney Ginder helped organize this incredible event. It was a wonderful way to reach out to women during very trying and confusing times in their lives.

Eta Pi showed up in droves to Camp Riley Day 2021! Eta Pi enjoyed touring the camp and spending time with other Indiana ESA'ers. Members had a blast making cards for at home camp kits that were then sent off to Camp Riley campers. We are so happy that Camp Riley Day is back!

The 10th Annual American Legion Post 470 & Eta Pi Fishers Golf Outing benefitting St. Jude Children's Research Hospital is in full swing! Our members are making birdies and eagles with our outing again this year. We've been making long drives to find sponsors, sinking long putts to take in donations and scoring a hole-in-one with securing donations! It's always a lot of work but we get so much donated to our event that it allows us to chip in big money to St. June.



Climb Out of Darkness

Front: Morgan Nichols, Courtney Ginder, Sue Bigler

Back: Jennifer Skinner, Alley Gary

Our event is on Thursday, September 23rd at Ironwood Golf Club in Fishers. If you would like to sponsor, donate or golf, please let us know. And if you would like to spend the day at the golf course volunteering, we will put you to work!



Camp Riley Day

Front: Kary Lasley, Leigh Gary, Jennifer Skinner, Monica Haddock, Courtney Ginder

Back: Morgan Nichols, Alley Gary, Brenda Campbell, Laura Campbell



Golf Outing Work

Kelly Hansan, Sue Bigler



Gamma Pi, Indianapolis

After a long year of meeting on Zoom, we enjoyed celebrating our annual ESA Birthday Party in May. It was such a joy to be together again! Several members attended State and IC Conventions and we are very proud of our chapter sisters who are serving on the State Council: Jennifer Morris, Elaine Weller, and Mary Roundtree. Members also celebrated ESA's support of Camp Riley at ESA Camp Riley Day. In August, we gathered for an evening of fun and celebration of the year's successes.

We enjoyed preparing a gift for an Anna's Celebration of Life family waiting for their big gift, donated to the Riley Hospital Food Pantry, and many members are returning to the volunteer activities they in their communities. We are busy planning projects and activities to "Be Flamazing in ESA" under the leadership of Lynn Howley. We hope to be able to host all our traditional events in person and look forward to seeing many of you throughout the year!

Delta Sigma, Evansville

After a year of very little activity—we are now glad to be having meetings and socials.

It is nice being able to spend time and see one another. Some of our members worked the Easterseals Frog Follies in August. We have done this for many years. Our Chapter is planning to have a Yard Sale in September for St Jude. We have been lucky enough to get a local Food Truck to be there also and we will get a percentage of the sales.



Email Blast Update

This year the ISC Board will attempt to condense the amount of emails sent to the members at large through the ISC ESA Lamp Editor email address.

We are targeting announcements to be sent on the 1st and 15th of each month. Please utilize the ESA Lamp Editor email address (iscsalamp@gmail.com) if you are in need of communications to be sent to the membership at large.



Register for the St. Jude Walk/Run

This year Epsilon Sigma Alpha is proud to announce we will again be a National Series Sponsor at the 2021 St. Jude Walk/Run. We committed to raise \$75,000 in cash donations to support St. Jude in the fight!

More Information can be found at:
<https://epsilonsigmaalpha.org/stjudewalk>





Epsilon Sigma Alpha International, Inc ISC 2020-2021 Final Budget

| | Proposed | Actual | Difference |
|---|--------------------|--------------------|--------------------|
| Income/Startup | \$9,835.55 | \$9,835.55 | |
| 2020 1/2 Profit- State convention | \$0 | \$866.84 | \$866.64 |
| 2020 1/2 Profit Fall Conference | \$0 | \$326.23 | \$326.23 |
| ISC Treasurer Ways & Means | \$100.00 | \$0 | \$100.00 |
| PIP Donation (IC & MARC AD) | \$0 | \$50.00 | \$50.00 |
| 2021 1/2 Profit Spring Conference | \$250.00 | \$420.00 | \$170.00 |
| State Convention Loan Repayment | \$0 | \$0 | \$0 |
| State Dues | \$2,750.00 | \$2,600.00 | \$150.00 |
| Disaster Fund (in/out) | \$0 | \$2,046.00 | \$2,046.00 |
| ESA Foundation Scholarshio (in/out) | \$0 | \$0 | \$0 |
| MARC Scholarship (in/out) | \$0 | \$0 | \$0 |
| Startup Fund (in/out) | | | |
| State Project: Anna's Celebration of Life | \$0 | \$3,509.23 | \$3,509.23 |
| State Project: Camp Riley | \$0 | \$5,770.00 | \$5,770.00 |
| Miscellaneous | \$0 | \$0 | \$0 |
| Income/Profit | \$12,935.55 | \$25,423.85 | \$12,988.10 |
| Expenses | | | |
| Ad for IC Booklet | \$50.00 | \$50.00 | \$0 |
| Bank Charges & Check Printing | \$25.00 | \$0 | \$25.00 |
| Chaplain: Postage, Cards & Memorials | \$100.00 | \$0 | \$100 |
| ESA Member of the Year | \$75.00 | \$110.88 | \$35.88 |
| Foundation Dues (Lifetime Member) | \$0 | \$0 | \$0 |
| Gift; Incoming IN MARC President | \$0 | \$0 | \$0 |
| Gifts: Outgoing, Incoming President | \$257.00 | \$181.00 | \$76.00 |
| IC & MARC reps | | | |
| IC Convention Expenses: President | \$795.00 | \$295.00 | \$500.00 |
| & VP Overlap Years | | | |
| Indiana Internation Dues | \$45.00 | \$45.00 | \$0 |
| LAMP: Printing & Postage | \$515.00 | \$241.41 | \$273.59 |
| MARC Conference Ad Book | \$0 | \$0 | \$0 |
| MARC Conference Reg. for State Pres. | \$0 | \$0 | \$0 |
| Officers Postage | \$22.00 | \$0 | \$22.00 |
| President/Treasurers Bond (Due 6/1/22) | \$0 | \$0 | \$0 |
| President's Yearbook: Copying Expenses | \$0 | \$0 | \$0 |
| State Convention Loan | \$0 | \$0 | \$0 |
| State Convention Registration & Hotel: | \$600.00 | \$600.00 | \$0 |
| IC & MARC Reps | | | |
| State President's Allowance | \$50.00 | \$50.00 | \$0 |
| State Presidents IC Leadership Seminar | \$1,150.00 | \$145.00 | \$1,005.00 |
| State Scrapbook Expenses: Overlap Years | \$150.00 | \$126.14 | \$23.86 |
| Website Expense | \$250.00 | \$175.87 | \$74.13 |
| Disaster Fund (in/out) | \$0 | \$2,046 | \$2,046 |

Continued from Page 16

Epsilon Sigma Alpha International, Inc ISC 2020-2021 Final Budget

| | Proposed | Actual | Difference |
|---|-------------------|--------------------|--------------------|
| ESA Foundation Scholarship (in/out) | \$0 | \$0 | \$0 |
| MARC Scholarship (in/out) | \$0 | \$0 | \$0 |
| State Project: Anna's Celebration of Life | \$0 | \$3,509.23 | \$3,509.23 |
| State Project: Camp Riley (in/out) | \$0 | \$5,770.00 | \$5,770.00 |
| Miscellaneous: Presidents Room at Conv. | \$0 | \$512 | \$512 |
| Total Expenses | \$4,084.00 | \$13,761.49 | \$14,068.41 |

Savings Account

| | |
|-------------------|------------|
| Beginning Balance | \$2,991.92 |
| Interest | \$0.30 |
| Ending Balance | \$2,992.22 |

Prepared by: Cindy Norman 2020-2021 ISC Treasurer



If you are interested in attending please fill out the Fall Conference form and mail your checks to Kim Sarasién with Alpha Zeta

Indiana ESA Fall Conference

"ESA Pitching in to help others!"

When: Saturday October 2, 2021

Where: Roanoke American Legion Post 160
1122 N. Main St, Roanoke IN 46783

- Registration and Set up at 9:30 am
- Meeting start at 10:30 am
- Registration Fee: \$20
- Ways and Means Table: \$2

Room Block: Hampton Inn Ft. Wayne - Southwest
8219 W. Jefferson Blvd
Ft. Wayne, IN 46804



What ESA Means to Me: Essay - Member for More than One Year 1st Place - Karen Maxey

What EΣA means to me has evolved over the thirteen years since I joined Epsilon Sigma Alpha. I started in Gamma Pi Chapter where I am grateful to them for giving me the foundation and the confidence to be a chartering member of Alpha Delta Chapter ten years later.

Moving forward in Alpha Delta, during this year of the pandemic,

EΣA means **E**ducation, the opportunity to continue to learn and grow, not only for myself but for everyone in our chapter. Serving as Chapter President since we chartered Alpha Delta two years ago, I have grown as new challenges came along with being a new Chapter. Also, with the pandemic in full swing, we had to learn to be flexible and adapt.

EΣA means **S**ervice, the opportunity to pursue the right to be of service to others. This past year, to be of service took on a different meaning as we were challenged to help the organizations that we support meet their increased needs, in a time when in person fund raisers could not be held. We had to be creative and find new ways to help support them and raise funds for them.

EΣA means **A**ssociation, the opportunity to make friends and network with people that have inspired me, encouraged me, and motivated me to be the best that I can be. Since joining EΣA, the friends that I have made through EΣA have become forever family.

In-Alpha Delta, I am joined by my sister and two daughters. I am so excited to share EΣA with my family and for them to be a part of something I am so passionate about, for them to experience the many opportunities for service and growth. I look forward to what the future of EΣA holds for each of us in our Chapter.

What ESA Means to Me: Essay - Member for More than One Year 2nd Place - Makayla Greeson

I cannot believe that I have been in ESA for 5 years now. I first joined ESA when I was a Dessa and when my grandma was in ESA. I love getting together with the chapter and I also love seeing everyone at State Convention. ESA has taught me to be respectful, Kind and to always be happy and enjoy yourself. I still cannot believe I have been in ESA this long. I love being in the same chapter as my mom because she just became president of our chapter and maybe someday, I can be president of the chapter. This is my first year on the board and I know it is a tough time in life right now with everything going on. I am loving being on the state board and it has taught me to go for bigger and better things and maybe sometime down the road I will be able to move up on the State Board. ESA has always taught me to have fun at State Convention. I have learned to put a lot of hard work into ESA because its not an easy job to do. My grandma always taught me to put sorority first before other stuff because the deadlines come so fast, and you lose track of time. ESA has taught me to grow in laugh and feel good about what I do for ESA. I love that ESA helps with camp riley because those kids need our help with stuff that they cannot do. You make so many new friends in ESA that you have never met before and I love getting to know new people from other chapters. I hope we can have a lot more fun next year with ESA when everything is not so crazy in the world. Hopefully next year we wont have to deal with COVID-19.



Traditional Chapters

Avon, Chi Omicron
Avon, Gamma Tau
Danville, Zeta Eta
Evansville, Delta Sigma
Fishers, Eta Pi
Fort Wayne., Alpha Zeta
Franklin, Delta Kappa
Huntington, Beta Chi
Indianapolis, Gamma Pi

Lafayette, Lambda Mu
North Manchester, Epsilon Sigma
Plainfield, Omega Chi
Pleasant Township, Alpha Delta
Rockville, Beta Phi
Seymour, Beta Kappa
Seymour, Delta Delta
Speedway, Gamma Omicron
Terra Haute, Delta Zeta

Collegiate Chapters

Ball State University (Muncie)
- Phi Alpha





Elaine Weller - Editor
8038 Cheswick Drive
Indianapolis, IN 46219



Dates to Remember

September 15, 2021
October 2, 20201
October 8-9, 2021
November 1, 2021
December 31, 2021
December 31, 2021
January 1, 2022
January 1, 2022
January 1, 2022
February 18-19,2022
March 12,2022
April 1, 2022
June 10-12, 2022

Tax Facts due
Fall Conference
Lamp Articles Due
MARC Conference
Nomination Forms for State offices due
Forms to host a State Conference due
Recommendations for State Projects due
Proposals to Constitution, By-Laws, and Standing Rules due
State dues are due
ISC Board Meeting
Spring Conference
Lamp Articles Due
State Convention